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## sliding navigation

Posted by redelevencreative - 2008/02/10 20:05

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Hi

Can anyone tell me where i can learn to get the sliding background on the nav, like used at this site?

thanks

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## Re:sliding navigation

Posted by aston\_spindley - 2008/02/14 05:22

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Hello,  
If you check in on the rules page you need to upload an avatar to get the free service aspect here. If you do that we can shed some light on the menu.

thanks

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